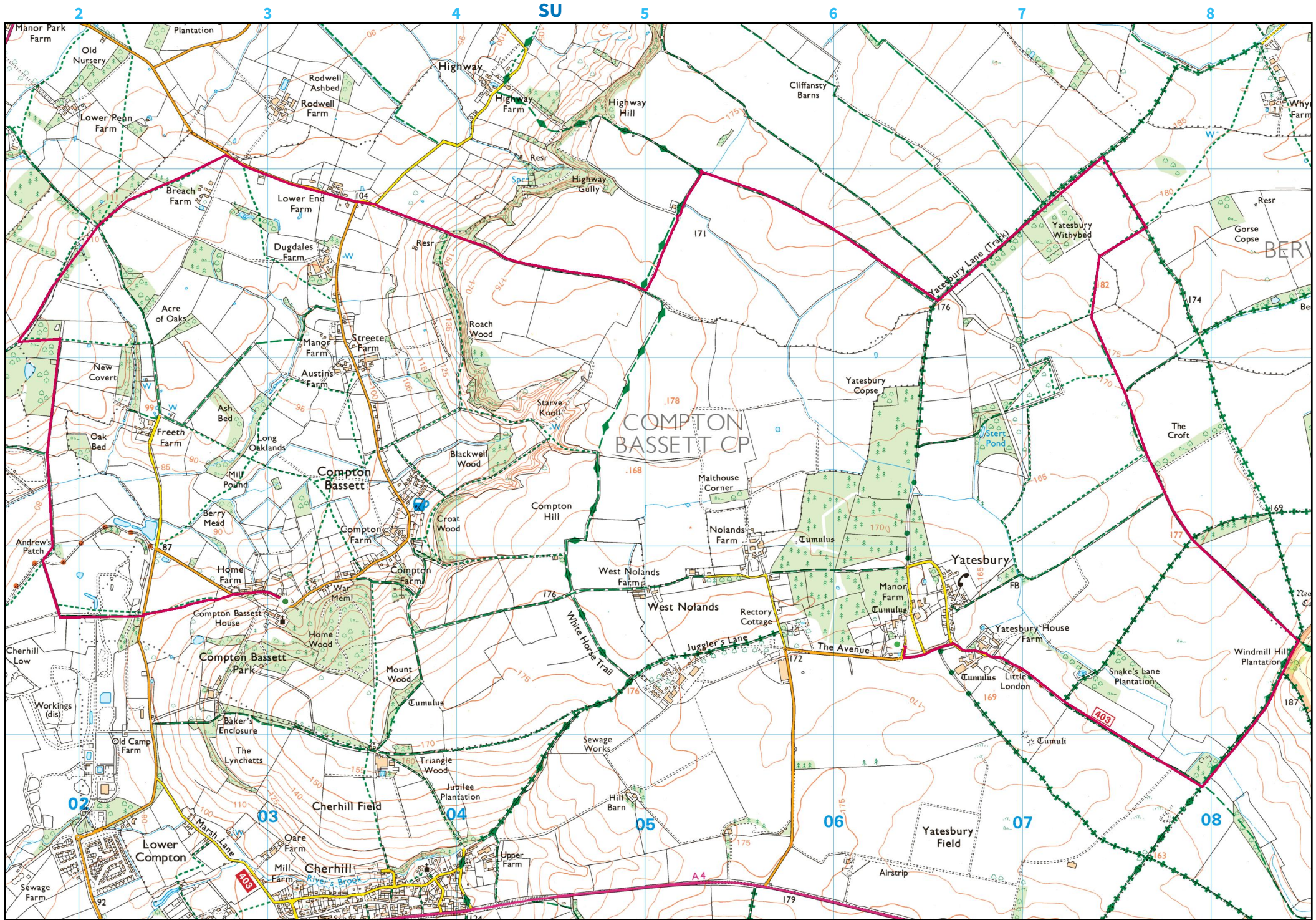




BOUNDS DAY 1

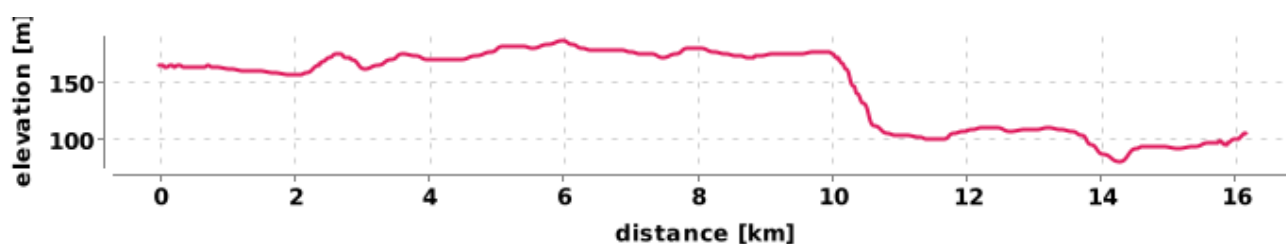
Route Information

Bounds Day 1

Route Summary

Total Distance **16.17 km (10.05 mi)**
 Elevation **81 m** at lowest point
186 m at highest point
 Total Ascent **102 m**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SU 063 714	0 km	51° 26' 32" N	1° 54' 36" W	166 m
Dist to next: 16.17 km , Ascent to next: -60 m					
2	SU 030 717	16.17 km	51° 26' 39" N	1° 57' 24" W	106 m